

## 2024 Track Program of Events

**Track Events** (held in divisions 3, 2, 1- in that order)

**Thursday 22<sup>nd</sup> August 2024**

**Start: 5.00 pm**

**Heats**

Event 1	12 years 80m Hurdles	Event 8	12 years 800m
Event 2	13 years 80m Hurdles	Event 9	13 years 800m
Event 3	14 years 90m Hurdles	Event 10	14 years 800m
Event 4	15 years 90m Hurdles	Event 11	15 years 800m
Event 5	16 years 100m Hurdles	Event 12	16 years 800m
Event 6	17 years 100m Hurdles	Event 13	17 years 800m
Event 7	18 - 19 years 100m Hurdles	Event 14	18 - 19 years 800m

**Friday 23<sup>rd</sup> August 2024**

**Start: 8.30 am**

*Finals will commence following the lunch break*

**Heats**

Event 15	12 years 200m	Final 1	12 years 80m Hurdles	<i>Finalists from</i>
Event 16	13 years 200m	Final 2	13 years 80m Hurdles	<i>Event 1</i>
Event 17	14 years 200m	Final 3	14 years 90m Hurdles	<i>Event 2</i>
Event 18	15 years 200m	Final 4	15 years 90m Hurdles	<i>Event 3</i>
Event 19	16 years 200m	Final 5	16 years 100m Hurdles	<i>Event 4</i>
Event 20	17 years 200m	Final 6	17 years 100m Hurdles	<i>Event 5</i>
Event 21	18 -19 years 200m	Final 7	18 – 19 years 100m Hurdles	<i>Event 6</i>

**Timed Final\*\***

Event 22	Junior 1500m	Final 8	12 years 200m	<i>Event 7</i>
Event 23	Intermediate 1500m	Final 9	13 years 200m	<i>Event 15</i>
Event 24	Senior 1500m	Final 10	14 years 200m	<i>Event 16</i>
<i>**Run at Twilight #4 in 2024</i>				
		Final 11	15 years 200m	<i>Event 17</i>
		Final 12	16 years 200m	<i>Event 18</i>
		Final 13	17 years 200m	<i>Event 19</i>
		Final 14	18 – 19 years 200m	<i>Event 20</i>

**Heats**

Event 25	12 years 100m	Final 15	Para athlete 200m <b>Timed Final</b>	<i>Event 21</i>
Event 26	13 years 100m	Final 16	12 years 800m	<i>Event 39*</i>
Event 27	14 years 100m	Final 17	13 years 800m	<i>Event 8</i>
Event 28	15 years 100m	Final 18	14 years 800m	<i>Event 9</i>
Event 29	16 years 100m	Final 19	15 years 800m	<i>Event 10</i>
Event 30	17 years 100m	Final 20	16 years 800m	<i>Event 11</i>
Event 31	18 -19 years 100m	Final 21	17 years 800m	<i>Event 12</i>
Event 32	Junior Relay	Final 22	18 – 19 years 800m	<i>Event 13</i>
Event 33	Intermediate Relay	Final 23	12 years 100m	<i>Event 14</i>
Event 34	Senior Relay	Final 24	13 years 100m	<i>Event 25</i>

**Timed Final\***

Event 35	Junior 400m	Final 25	14 years 100m	<i>Event 26</i>
Event 36	Intermediate 400m	Final 26	15 years 100m	<i>Event 27</i>
Event 37	Senior 400m	Final 27	16 years 100m	<i>Event 28</i>
		Final 28	17 years 100m	<i>Event 29</i>
		Final 29	18 – 19 years 100m	<i>Event 30</i>
		Final 30	Para athlete 100m <b>Timed Final</b>	<i>Event 31</i>
		Final 31	Junior Relay	<i>Event 38*</i>
		Final 32	Intermediate Relay	<i>Event 32</i>
		Final 33	Senior Relay	<i>Event 33</i>

*\* Timed Final only - no heat*

<b>Hurdles</b>	<b>12 and 13 years</b>	<b>14 and 15years</b>	<b>16 and 17years</b>	<b>18 years +</b>
<b>Distance</b>	80m	90m	100m	100m
<b>Height</b>	0.762m	0.762m	0.762m	0.840m

## Field Events

Friday 23<sup>rd</sup> August 2024

Start: 8.30 am

Please note times are only approximate - students will be called if required earlier than stated.

8:30am Sharp - Final to follow immediately

Event 40	12 years Long Jump	(scoreboard end)
Event 41	13 Years Long Jump	(finish line end)
Event 42	Junior Discus	(finish line end)
Event 43	Intermediate High Jump	(finish line end)
Event 44	17 years Shot Put	(scoreboard end)
Event 45	18 – 19 years Shot Put	(finish line end)

10:00am - Final to follow immediately

Event 46	14 years Long Jump	(scoreboard end)
Event 47	Para athlete Long Jump	(finish line end)
Event 48	Senior High Jump	(finish line end)
Event 49	Senior Javelin	(scoreboard end)
Event 50	Intermediate Discus	(finish line end)
Event 51	13 years Shot Put	(finish line end)
Event 52	12 years Shot Put	(scoreboard end)

11:30am - Final to follow immediately

Event 53	15 years Long Jump	(finish line end)
Event 54	16 years Long Jump	(scoreboard end)
Event 55	Junior High Jump	(finish line end)
Event 56	Intermediate Javelin	(scoreboard end)
Event 57	Senior Discus	(finish line end)
Event 58	Para athlete Shot Put	(scoreboard end)
Event 59	14 years Shot Put	(finish line end)

1:00pm - Final to follow immediately

Event 60	17 years Long Jump	(finish line end)
Event 61	18 – 19 years Long Jump	(scoreboard end)
Event 62	Junior Javelin	(scoreboard end)
Event 63	Para athlete Discus (plus seated Shot)	(scoreboard end)
Event 64	15 years Shot Put	(finish line end)
Event 65	16 years Shot Put	(scoreboard end)

	Junior	Intermediate	Senior	Para
<b>Javelin</b>	500 gm	500 gm	600 gm	n/a
<b>Discus</b>	1 Kg	1 Kg	1 Kg	***
<b>Shot</b>	3 Kg	3 Kg	3 Kg for 17 years 4 Kg for 18 years	***
<b>High Jump</b>	1.25m	1.30m	1.30m	n/a
5cm rises until 3 competitors remain, then 3cm rises				

Para athletes should check for their weights against their age and classification in the following document:  
<https://cdn.revolutionise.com.au/cups/aa/files/bt3daop8reqeriak.pdf>